

FREE!



Outdoor play sessions for children. Children must be accompanied by an adult. No need to book, just drop in at any time.

EFDC Communities & Wellbeing Team will bring:

- sports equipment
- outdoor activities
- arts and crafts

The Limes Green, Copperfield, Chigwell, IG7 5LF. What3Words: [///echo.trade.major](https://www.what3words.com/echo.trade.major)

- Tuesday 21 July 2026. 1:30pm - 3:30pm.
Dr Bike attending.
- Monday 3 August 2026. 1:30pm - 3:30pm.
Dr Bike attending.
- Friday 14 August 2026. 1:30pm - 3:30pm.
- Monday 17 August 2026. 1:30pm - 3:30pm.
- Thursday 27 August 2026. 10am - 12pm.

Station Green Playground, Station Green, High Road Chigwell. IG7 6QT.

What3Words: [///matter.twigs.puff](https://www.what3words.com/matter.twigs.puff)

- Monday 3 August 2026. 10am - 12pm.
Dr Bike attending.
- Monday 10 August 2026. 10am - 12pm.
- Friday 14 August 2026. 10am - 12pm.
- Monday 17 August 2026. 10am - 12pm.
- Monday 24 August 2026. 10am - 12pm.

Chigwell Row Recreation Ground, Lambourne Road, IG1 67U. What3Words: [///wide.toward.pull](https://www.what3words.com/wide.toward.pull)

- Thursday 6 August 2026. 10am - 12pm.
- Thursday 13 August 2026. 10am - 12pm. **Dr Bike attending.**

Dr Bike will be attending some sessions to offer free bike health checks - book these using the QR code.

Visit eppingforestdc.bookinglive.com for a full list of Play in the Park sessions across the district.



@efdcommunity



@efdcommunitieswellbeing